

# HOW TO “AFFAIR-PROOF” YOUR MARRIAGE

Exodus 20:14 (page 74)

November 4, 2007

*“You shall not commit adultery”*

## 1. What is God’s view of sex?

*“Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral.”*

*Hebrews 13:4*

## STEPS TO AVOID ADULTERY

1. Make a commitment to \_\_\_\_\_.

*“How then could I do such a wicked thing and sin against God?”*

*Gen 39:9*

2. Remind yourself of the \_\_\_\_\_.

*“A man who commits adultery lacks judgment, whoever does so destroys himself.”*

*Proverbs 6:32*

3. \_\_\_\_\_ in your marriage.

4. Guard your \_\_\_\_\_.

*“You have heard that it was said, ‘Do not commit adultery.’ But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.”*

*Matthew 5:27-28*

*“Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things.”*

*Philippians 4:8*

5. Keep Proper \_\_\_\_\_.

*“But among you there must not be a hint of sexual immorality.”*

*Ephesians 5:3*

### Pathway Back from Adultery

1. Acknowledge the sin (Psalm 51)
2. End the relationship immediately
3. Avoid all contact with that person

\*My message series, God’s Blueprint for Living, is adapted from a message series given by Rick Warren, entitled 10 Values That Build Strong Families.